

SENIOR STRONG IS BACK ONSITE* FRIDAYS, STARTING AUGUST 6!



JOIN DAVID CURTIS FOR
ONSITE CLASSES!
AUGUST 6 - DECEMBER 17
DAY: FRIDAYS
TIME: 10:00 AM TO 10:30 AM
NO CLASS: 11/26

Register by calling 410-358-6856.
REGISTRATION STARTS 7/23/2021.

*THIS CLASS WILL CONTINUE
VIRTUALLY FOR SUBSCRIBERS AS WELL

GOLD SUBSCRIBERS SAVE OFF MEMBER RATE
\$80 per subscriber

MEMBER RATE
\$120 per person

NON-MEMBER
\$150 per person



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