

CYCLE STRONG IS BACK ONSITE TUESDAYS & THURSDAYS, STARTING AUGUST 17!



JOIN JESSE CLEVELAND
FOR CYCLE STRONG!

AUGUST 17 - DECEMBER 16
TUESDAY AT 12:00 - 12:45 PM OR
THURSDAY AT 10:00 - 10:45 AM
NO CLASS:
9/7, 9/16, 9/21, 9/28, 11/25

JESSE HAS BEEN A COACH AND PERSONAL TRAINER AS WELL AS A SNOWBOARD INSTRUCTOR. SHE HAS TAUGHT AT ORANGETHEORY IN HUNT VALLEY AND LIBERTY MOUNTAIN RESORT.

Register by calling 410-358-6856.
REGISTRATION STARTS 8/4/2021.

TUESDAYS (15 SESSIONS)

GOLD SUBSCRIBER PRICE - \$135 PER SUBSCRIBER

MEMBER PRICE - \$170 PER PERSON

NON-MEMBER PRICE - \$210 PER PERSON

THURSDAYS (16 SESSIONS)

GOLD SUBSCRIBER PRICE - \$145 PER SUBSCRIBER

MEMBER PRICE - \$180 PER PERSON

NON-MEMBER PRICE - \$225 PER PERSON


MYERBERG
EDWARD A. MYERBERG CENTER
A Program of CHAI