

SENIOR STRONG IS ONSITE* FRIDAYS, STARTING JANUARY 7!



JOIN DAVID CURTIS FOR
ONSITE CLASSES!
JANUARY 7 - APRIL 29
DAY: FRIDAYS
TIME: 10:00 AM TO 10:30 AM
NO CLASS: 4/15, 4/22

Register by calling 410-358-6856.
REGISTRATION STARTS 11/28/2021.

*THIS CLASS WILL CONTINUE VIRTUALLY
FOR SUBSCRIBERS AS WELL
(included in your subscription)

GOLD SUBSCRIBERS SAVE OFF MEMBER RATE
\$75 per subscriber for onsite only

MEMBER RATE
\$110 per person
NON-MEMBER
\$150 per person



MYERBERG
EDWARD A. MYERBERG CENTER
A Program of CHAI