

RECIPES FROM CHEF ALBA JOHNSON

Salad Dressing Recipes:

Serve over your favorite salad, with boiled potatoes, or roasted vegetables. Remember to test by adding ingredients, tasting, and adjusting. Lastly add a few drops of water to adjust.

1. Balsamic Basil Dressing:

1 garlic clove, minced finely
1/4 cup aged balsamic vinegar
1/3 cup extra-virgin olive oil
4-5 leaves fresh basil, minced
Salt and freshly ground black pepper

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.

2. Tarragon Honey Salad Dressing:

1 tablespoon fresh tarragon, minced
1 teaspoon honey
1 clove of garlic, minced finely
Zest of ½ lemon
Salt and freshly ground black pepper
¼ - ½ teaspoon Dijon mustard
1-2 tablespoons extra-virgin olive oil

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.

3. Lime Caper Salad Dressing:

2 Tablespoons extra-virgin olive oil
Juice of ½ fresh lime
2-3 tablespoons Italian parsley, minced
1 teaspoon capers, chopped finely
1/2 teaspoon red pepper flakes, optional
Salt and freshly ground black pepper
1 teaspoon light brown sugar

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.

4. Yogurt and Tahini Dressing:

1 tablespoon extra-virgin olive oil
Salt and freshly ground black pepper
3 tablespoons tahini
½ cup plain whole Greek yogurt
1 teaspoon ground cumin
1 clove of garlic, finely minced
1 tablespoon lemon juice
2 tablespoons fresh Cilantro, minced

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.

5. Fresh Lemon, Honey and Mint dressing:

3 tablespoons fresh lemon juice

2 tablespoons extra virgin olive oil
2 tablespoons of scallions, finely chopped
2 tablespoons of fresh mint, minced
2 teaspoons honey or maple syrup
1 clove of garlic, finely minced
Salt and freshly ground black pepper

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.

6. Fresh Orange Dressing:

1 small shallot, finely minced
Juice 1 orange
2-3 tablespoons extra virgin olive oil
Salt and freshly ground black pepper
Few drops of Maple Syrup

Wisk all ingredients in a bowl with a fork. Taste for seasoning adjust as needed.