

# Jewish Community Services

## • Meaningful Conversations •

### **When Your Loved One has Dementia**

**1st and 3rd Monday each month**

**10:00 – 11:30 am**

If you are a care partner to someone with dementia, this group offers conversation, support, resources, and education.

*Co-sponsored by the Alzheimer's Association and the Edward A. Myerberg Center.*

### **Living with Parkinson's Disease**

**2nd Tuesday each month**

**2:00 – 3:00 pm**

If you are living with Parkinson's Disease, this group provides support for coping with the physical, emotional, and social impact of the disease. Some meetings will include practical information and resources presented by experts in the field.

*Funded by the Maryland Association for Parkinson Support, Inc. Co-sponsored by the Edward A. Myerberg Center.*

### **When Your Loved One has Parkinson's Disease**

**3rd Tuesday each month**

**10:00 – 11:00 am**

If you are a care partner to someone with Parkinson's Disease, this group is a safe, confidential space to have conversations, share experiences, receive support, and gather resources.

*Funded by the Maryland Association for Parkinson Support, Inc. Co-sponsored by LifeBridge Health and the Edward A. Myerberg Center.*

### **Good Company**

**1st and 3rd Wednesday each month**

**12:00 – 1:00 pm**

Want to connect for some company and conversation? Drop in for a chat, bring a friend, and make some new ones.

*Support for this group, part of Patient Care Connection, provided by The Edward N. and Della L. Thome Memorial Foundation, Bank of America, N.A., Trustee.*

### **Living with Low Vision**

**2nd and 4th Thursday each month**

**1:30 – 2:30 pm**

If you are living with macular degeneration or other visual impairments, this group offers conversation, support, and the latest information on resources and assistive technology.

*Co-sponsored by the Edward A. Myerberg Center. Support provided by the Sylvan and Isabelle Ribakow Low Vision Support Group Endowment Fund.*

### **A Gathering for Suicide Loss Survivors**

**2nd Thursday each month**

**7:00 - 8:30 pm**

If you have experienced the death of a loved one by suicide, this group offers a safe, confidential space to share and process your grief with others who have had a similar loss, get guidance and support from a grief specialist, and learn coping strategies.

*Co-sponsored by Sol Levinson and Bros., Inc. Support provided by the Mitchell David Endowment Fund.*

### **Moving Forward After a Loved One's Death**

**Groups for adults**

**Dates and times vary**

Are you grieving after the death of a loved one? Connect with others who are grieving, give and receive emotional support, and learn ways to care for yourself and adjust to life after loss.

*Co-sponsored by Sol Levinson and Bros., Inc. and Season's Hospice and Palliative Care.*

For more information about these free groups, call or visit our website.

**410-466-9200 • [jcsbalt.org](http://jcsbalt.org)**

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